

Early Intervention Family Worker Newsletter

28th February 2022



If you have reached out for support and have not yet heard from me, please accept my apology. I am really pleased that so many families have contacted me but it has meant there has been a delay in my response, I will endeavour to contact you all as soon as possible *Natalie*

Spring is just around the corner so it's time to put on your wellies and start exploring the great outdoors.

SPRING SCAVENGER HUNT

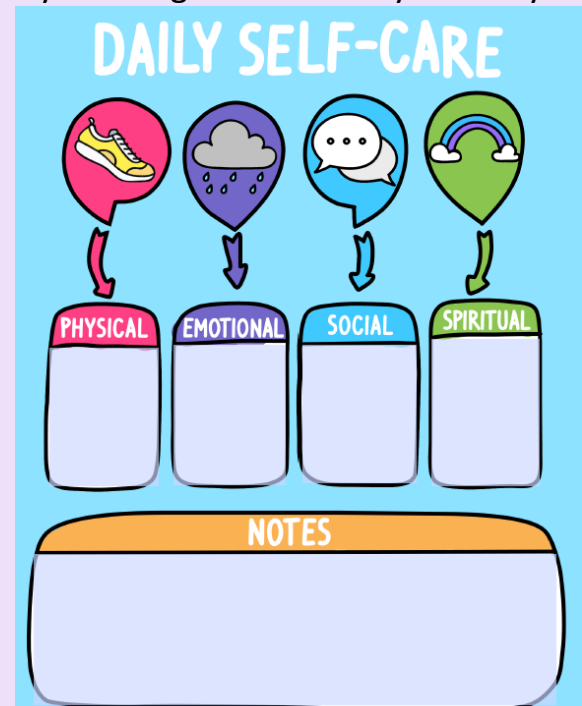


See if you can collect some nature objects while out for collages and crafts at home 😊

<https://teachingmama.org/spring-savenger-hunt/>

Parenting Top Tip

We all need a bit of self-care – what are you doing to look after you today?



<https://www.selfloverainbow.com/2018/05/daily-self-care-worksheet.html>

Another Resource

Download a lovely free calm pack full of activities, relaxation exercises and calm cards from Relaxkids:

<https://relaxkids.com/wp-content/uploads/calm-pack-free.pdf>

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cams.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



Cambridgeshire
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