

Early Intervention Family Worker Newsletter

28th March 2022



Natalie

Early Intervention Family Workers offer you an opportunity to ask for information, advice, and support on anything affecting your family life in a relaxed and confidential environment. (During the coronavirus pandemic we are still offering support, however this is currently on a virtual basis)

Activity Idea

Egg Hop Relay Race

Divide players into pairs, give each pair a large cardboard cut- out of an Easter egg (children can make these first)

The first teammate stands on one egg and the second places the egg cut out on the ground in front of them.

The first teammate 'hops' to the second egg.

Repeat the process until you cross the finishing line.

More fun and games here:

<http://jdaniel4smom.com/2013/03/easter-games-hopping-with-chalk-bunnies.html>

Parenting Top Tip

The Easter holidays are coming up, so what should you do when you hear this:

'I'm bored.'

Firstly.... is it your job to provide fun things to do and stimulation for your children?

Yes.

Is it your job to provide fun things to do and stimulation for your children ALL the time? No

Children need to feel boredom sometimes. Don't forget, they have wonderful imaginations, and they don't like doing nothing. If you are constantly providing them with things to do, they won't have the opportunity to solve the problem of being bored themselves.

So provided you are confident that you have spent plenty of time with them, and given them opportunities to do fun things, the next time you hear this statement, validate their feelings 'Oh dear that's frustrating for you,' but then maybe say something like:

'I'm sure you can think of something to do, I'll look forward to seeing what you come up with.'

Another Resource

Teaching kids how to be problem solvers

<https://www.allprodad.com/10-ways-teach-children-problem-solvers/>

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-camb.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer